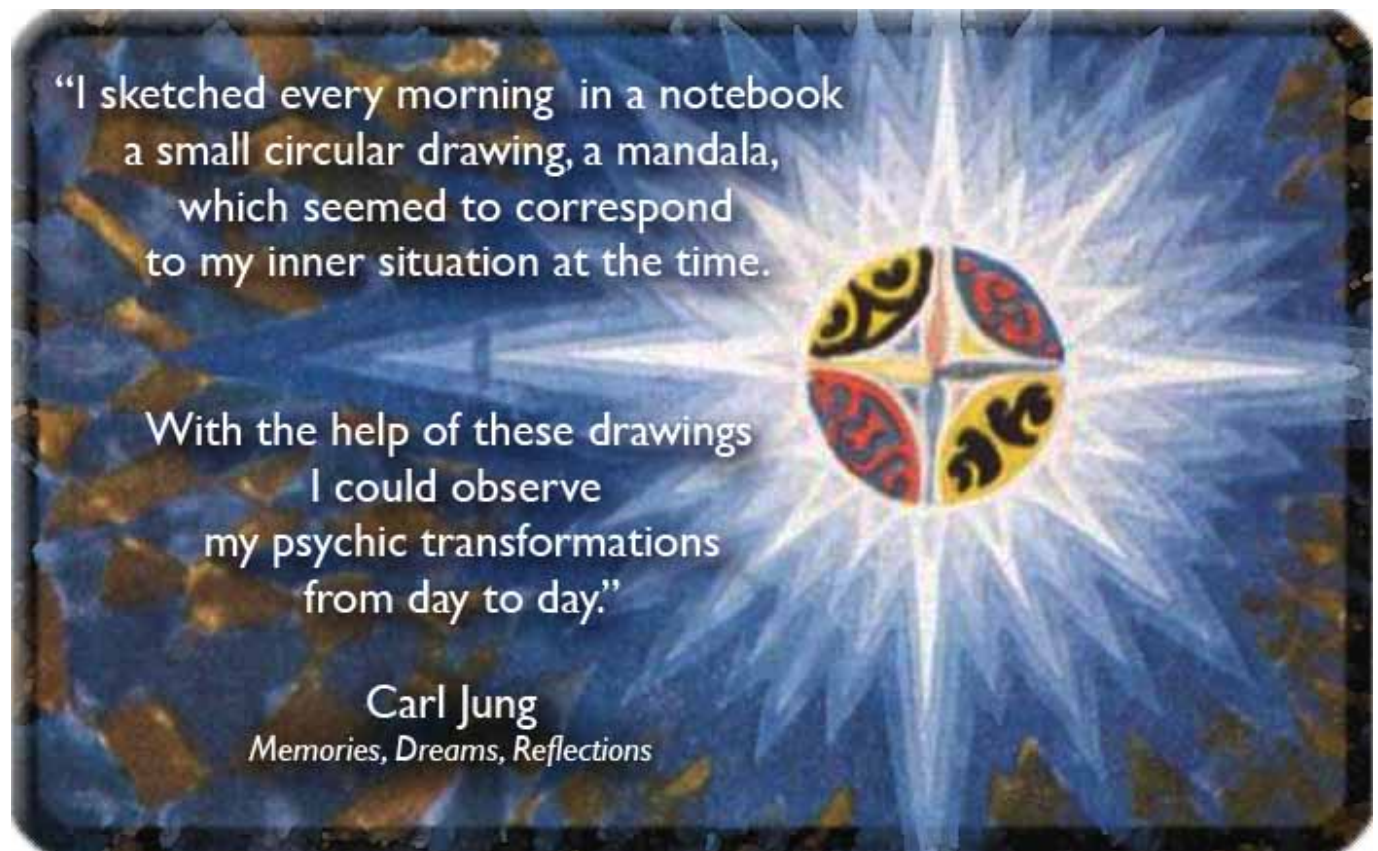


C.G. Jung: "I sketched every morning in a notebook a small circular drawing, a mandala..."



"I sketched every morning in a notebook a small circular drawing, a mandala, which seemed to correspond to my inner situation at the time.

With the help of these drawings I could observe my psychic transformations from day to day."

Carl Jung
Memories, Dreams, Reflections

I sketched every morning in a notebook a small circular drawing, a mandala, which seemed to correspond to my inner situation at the time. With the help of these drawings I could observe my psychic transformations from day to day. . . . Only gradually did I discover what the mandala really is: 'Formation, Transformation, Eternal Mind's eternal recreation.' (Faust, II) . . . My mandalas were cryptograms . . . in which I saw the self--that is, my whole being--actively at work. To be sure, at first I could only dimly understand them; but they seemed to me highly significant, and I guarded them like precious pearls. I had the distinct feeling that they were something central, and in time I acquired through them a living conception of the self. The self, I thought, was like the monad which I am, and which is my world. The mandala represents this monad, and corresponds to the microcosmic nature of the psyche."

C.G. Jung *Memories, Dreams, Reflections* Source of Image: *Archetypes of the Collective Unconscious*, Figure 29