The 1983 album *Synchronicity* was inspired by Arthur Koestler's *The Roots of Coincidence*, which has substantial material about Jung's idea of synchronicity. Koestler (1905-1983) wrote numerous essays, novels, and autobiographies. In this later years, he developed Parkinson's disease; he and his wife eventually deliberately overdosed on barbituates and alcohol. The passage below is part of his suicide note:

*I wish my friends to know that I am leaving their company in a peaceful frame of mind, with some timid hopes for a de-personalised after-life beyond due confines of space, time and matter and beyond the limits of our comprehension. This 'oceanic feeling' has often sustained me at difficult moments, and does so now, while I am writing this.*

(Source) *Wikipedia: Arthur Koestler* Sting and the Police: *Every breath You Take*